

WEEK 3

W/C: 14/11 05/12 09/01 30/01 27/02 20/03

**HOT
SPECIALS...**

**DAILY
FAVES...**

SIDES...

**PICK A
PUD!**

MONDAY

Pesto Pasta Bake 🍷
Pasta with vegetables in a cheesy sauce with nut-free pesto

Cheese and Tomato Pizza 🍷
Cheesy tomato topped pizza slice Served with potato wedges

Jacket Potato 🍷
with a choice of fillings
Tomato Pasta 🍷
Wholemeal Pasta with homemade Tomato Sauce

Peas and Carrots

Strawberry Ice Cream

TUESDAY

Chicken Korma
A mild and tasty chicken curry served with wholemeal rice

Vegetable Chow Mein 🍷
Egg noodles with vegetarian mince and soya bean with vegetables in a sweet chilli chinese sauce

Jacket Potato 🍷
with a choice of fillings
Tomato Pasta 🍷
Wholemeal Pasta with homemade Tomato Sauce

Broccoli and Sweetcorn

Fruit Flapjack 🍷

WEDNESDAY

Roast Pork
Succulent roast pork served with fluffy roasties and tasty gravy

Sweet Potato & Chickpea Roast 🍷
A chunky sweet potato and chickpea roast served with fluffy roasties and tasty gravy

Jacket Potato 🍷
with a choice of fillings
Tomato Pasta 🍷
Wholemeal Pasta with homemade Tomato Sauce

Carrots and Peas

Jelly with Fruit Slices 🍷

THURSDAY

Beef Bolognese 🍷
A classic Italian beef bolognese in a yummy tomato sauce served with wholemeal pasta

Vegetarian Cottage Pie 🍷
A vegetarian mince cottage pie with veg and gravy

Jacket Potato 🍷
with a choice of fillings
Tomato Pasta 🍷
Wholemeal Pasta with homemade Tomato Sauce

Sweetcorn and Green Beans

Chocolate Slice

FRIDAY

Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Quorn Dippers and Chips 🍷
Crispy Quorn nuggets with their fave sauce - ketchup

Jacket Potato 🍷
with a choice of fillings
Tomato Pasta 🍷
Wholemeal Pasta with homemade Tomato Sauce

Peas and Baked Beans

Crispy Crackle Bar

THREE WEEK MENU

AUTUMN/WINTER 2022

Chartwells
So much more than Fantastic Food

£2.42

**OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN**

**YOUR
FAVOURITES
AVAILABLE
EVERY DAY**



WEEK 1

W/C: 31/10 21/11 12/12 16/01 06/02 06/03 27/03

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Cheese and Tomato Pizza 🍕 🌱
Cheesy tomato topped pizza slice
Served with potato wedges

Sweet Potato Curry 🍠 🌱
A mild and tasty vegetarian curry served with wholemeal rice

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Carrots and Peas

Vanilla Ice Cream

TUESDAY

Chicken Pie
A delicious traditional chicken pie served with mashed potato and gravy

Macaroni Cheese 🍝 🌱
Cheesy macaroni pasta

Jacket Potato 🍟 🌱
with a choice of fillings, including Salmon Mayonnaise
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Sweetcorn and Green Beans

Hot Chocolate Sponge with Chocolate Custard

WEDNESDAY

Roast Turkey
Succulent roast turkey served with fluffy roasties and tasty gravy

Vegan Sausage Casserole 🌱 🌱
A tasty vegan sausage and bean casserole served with fluffy roasties

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Carrots and Peas

Oat Cookie with Fruit Slices 🍪 🌱 🌱

THURSDAY

Beef Bolognese 🍖 🌱
A classic Italian beef bolognese in a yummy tomato sauce served with wholemeal pasta

Chinese Vegetable Rice 🍚 🌱
Rice with vegan mince, soya bean and vegetables, flavoured with soy and chinese five spice

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Broccoli and Sweetcorn

Secret Brownie

FRIDAY

Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Quorn Dippers and Chips 🌱
Crispy Quorn nuggets with their fave sauce - ketchup

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Peas and Baked Beans

Lemon Slice with Fruit Slices 🍋 🌱

WEEK 2

W/C: 07/11 28/11 02/01 23/01 20/02 13/03

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Cheese and Tomato Pizza 🍕 🌱
Cheesy tomato topped pizza slice
Served with potato wedges

Mixed Bean Pasta 🍝 🌱 🌱 🌱
A mixed bean and tomato veggie pasta served with tomato pizza bread

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Peas and Sweetcorn

Jam Sponge

TUESDAY

Pork Sausages
Pork sausages served with mashed potato and tasty gravy

Sweet Chilli Vegetable Noodles 🍝 🌱 🌱 🌱
Egg noodles with vegetables in a sweet chilli sauce

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Carrots and Green Beans

Orange Shortbread with Fruit Slices 🍪 🌱

WEDNESDAY

Roast Gammon
Succulent roast gammon served with fluffy roasties and tasty gravy

Vegetable Pie 🌱
Creamy vegetable pie with a cheesy shortcrust topper served with fluffy roasties and tasty gravy

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Carrots and Peas

Oat Chocolate Biscuit

THURSDAY

Beef Lasagne 🍖
A classic Italian layered pasta dish with beef mince served with a garlic bread wedge

Cauliflower and Sweet Potato Masala 🌱 🌱 🌱
A mild and tasty vegetarian curry served with wholemeal rice

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Sweetcorn and Carrots

Apple and Berry Crumble 🍎 🌱 🌱 🌱

FRIDAY

Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Vegetable Burger 🌱
Tomato veggie burger in a soft bap and scrummy chips

Jacket Potato 🍟 🌱
with a choice of fillings
Tomato Pasta 🍝 🌱 🌱 🌱
Wholemeal Pasta with homemade Tomato Sauce

Peas and Baked Beans

Strawberry Frozen Yoghurt

YOGHURT AVAILABLE TUESDAY & THURSDAY

AVAILABLE EVERY DAY
MILK, WATER, SALAD, FRESHLY BAKED BREAD & FRESH FRUIT

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice