Wivelsfield Primary School

Relationships and Sex Education Policy

Introduction:

Relationships and Sex Education (RSE) is recognised as a vital part of a child's education, ensuring they are ready for the social and emotional challenges of growing up. RSE should be set within a wider school context and support family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches. We aim to encourage students and teachers to share and respect each other's views. We are aware of different approaches to sexual orientation, without promotion of any particular family structure. The important values are love, respect and caring for each other.

Aims & Objectives:

Our RSE curriculum aims to encourage children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends. We refer to these as life skills

Relationships Education will cover 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', and 'Being safe'.

Health Education will cover 'Mental wellbeing', 'Internet safety and harms', Physical health and fitness', Healthy eating', 'Drugs, alcohol and tobacco', 'Health and prevention', 'Basic First Aid', 'Changing adolescent body'.

Organisation and Curriculum:

RSE is taught using Jigsaw 3-11, a scheme of work also used to teach PSHE throughout the school. Jigsaw covers all PSHE areas for the primary phase including statutory Relationships and Health Education. The learning is broken down into six Puzzles (units of work) which are taught across the school; the learning deepens and broadens every year.

The puzzles specific to RSE are taught in the summer term:

Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

Whilst the Relationships Puzzle and Changing Me Puzzle (units) cover most of the statutory Relationships and Health Education, some of the outcomes are taught elsewhere in Jigsaw. For example, the Celebrating Difference Puzzle helps children appreciate that there are many types of

family composition. Emotional and mental health is nurtured every lesson through the Calm Me time and respect is enhanced through the use of the Jigsaw Charter (ground rules). This holistic approach ensures the learning is reinforced through the year and across the curriculum.

The yearly overview of what is taught can be viewed on our website, along with our approach to teaching about LGBTQ. Paper copies are available on request.

Roles & Responsibilities:

The PSHE leader has responsibility for RSE to support and monitor curriculum coverage and ensure the lessons are appropriately resourced. She will also monitor and evaluate the outcomes of pupil voice from across the school.

All class Teachers are responsible for the teaching of the RSE curriculum to their classes.

Inclusion & Differentiation:

At Wivelsfield Primary School we teach RSE to all children, whatever their ability and individual needs. RSE forms part of our school curriculum policy to provide a broad and balanced education for all our children. We strive to meet the needs of all pupils with special educational needs, disabilities, special gifts and talents, and of those learning English as an additional language. We recognise the fact that we have children of differing ability in all our classes, and we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child.

Assessment:

Assessment of RSE takes place in a range of ways with a main focus through discussions and observations. Pupils will also regularly self-assess against the lesson objectives.

Parental involvement:

Parents have the right to see and discuss the content of the RSE lessons that their child will receive. It is therefore the schools responsibility to notify parents of when these lessons will take place and provide enough notice to allow parents to discuss lesson content with the teacher or RSE co-ordinator.

Parents and carers have the right to withdraw their children from all or part of the RSE provided at school except for those parts included in the statutory Science National Curriculum which are taught through discrete Science lessons.

At Wivelsfield Primary School, puberty is taught as a statutory requirement of Health Education and covered by our 'Changing Me' Puzzle (unit), and we conclude from the DFE Guidance that sex education refers to Human Reproduction. National Curriculum Science requires children to know how mammals reproduce, we have therefore opted to teach the Changing Me unit as part of our Science curriculum, not within PSHE or Relationships and Sex Education, as we believe this is most appropriate for our children. Therefore, the parental right to withdraw their child for this part of RSE is not applicable.

We strongly encourage you to allow your children to be included in our RSE curriculum. Those wanting to exercise the right to withdraw their children are invited to see the Head teacher to discuss their concerns. Should you decide to withdraw your children from this learning opportunity we will ensure alternative provision is in place for the duration of the lessons.

We are of course happy to discuss the content of the curriculum and invite you to contact Miss Hughes, the RSE co-ordinator.

Links to other documents:

This policy links with other school policies;
Child Protection policy, Online Safety policy, Behaviour policy, Safeguarding policy and the Anti-Bullying policy. Equalities Objectives

Science objectives for all year groups can be viewed at
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/425618/PRIMARY_national_curriculum_-_Science.pdf

Adopted:

Review date: