

Dear Parents and Carers,

We are delighted that we able to offer a wider range of extra-curricular clubs in Term 2. Keeping the school community safe is important to us, and all the club providers have written comprehensive Covid-19 risk assessments. Where possible, clubs will take place outdoors. if this is not possible, we will ensure the hall is well ventilated.

Here is the club timetable for after half term. Clubs start on Monday 2nd November and finish on Friday 18th December 2020 unless otherwise stated or advised by club provider.

The table shows the different clubs available. If your child would like to attend any, please contact the club provider directly to book a place. If a club is oversubscribed, allocation will be on a 'first come first served' basis. Similarly, if there is not enough uptake for certain clubs, the provider may decide not to go ahead.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School		To the Beat Dance	Gymnastics Premier Sport	Archery Premier Sport	Dodgeball Premier Sport
		Years 1&2	Years 1&2	Years 5&6	Years 3&4
		7.45-8.40	7.45-8.40	7.45-8.40	7.45-8.40
Lunchtime 12:30 – 1:00		*Running Club (Mrs Sinclair)		*Running Club (Mrs Sinclair)	*Running Club (Mrs Sinclair)
		Years 5&6		Years 1&2	Years 5&6
		12.10pm		12.30pm	12.10pm
After School 3:15 – 4:15 Please collect promptly at 4.15 (unless stated differently).	Sama Karate Years 1&2 3.05-3.50 Years 3&4 3.50-4.40 Tiny Tekkers Football Years 3&4 Cook Club Years 5/6 Mrs Sinclair	Tennis Plumpton Tennis Club Years 3&4 Multiskills & Fitness (Mrs Sinclair) Years 5&6	Multiskills & Fitness (Mrs Sinclair) Years 3&4 Tiny Tekkers Football Years 1&2	Netball (Mrs Sinclair) Years 5&6	Cricket (Sussex Cricket Club) Years 5&6

Children need to have appropriate clothing for the club and should come to school in PE kit if necessary.

Children will wait to be collected in the main school entrance and we ask that you wait outside. Football children should be collected from the Key Stage 2 gate. If a club is cancelled the children will be told as soon as possible and parents/carers informed by the club provider or via E-Schools. All clubs are open to boys and girls.

There is a charge for all clubs except those marked with an *asterisk. Children in receipt of Pupil Premium can attend at least one fee paying club free of charge per week.

Club sign up is managed by the club provider and on a first come first served basis. Places do not roll over; children need to sign up again for each new term.

Archery – Premier Sport max number 20 sign up at <u>www.premier-education.com/parents</u> Learn archery with Premier Sport – including safety, target practise and goal setting.

Multiskills & Fitness – Mrs Sinclair max number 20 sign up at <u>www.bookwhen.com/insincwellness</u> Each week the children will have the opportunity to try a different sport or physical activity. The sessions will be focused on having fun and being physically active. The children will learn new skills, develop teamwork and take a turn to lead. Basketball, golf, netball, badminton, gym, hockey, matball, dodgeball, athletics, handball and football are some but by no means all the sports we will try.

Cook School – Mrs Sinclair maximum 12 places per half term. Sign up at <u>www.bookwhen.com/insincwellness</u> Cook School focusing on cooking whole food, plant based, meals. Why should we eat lots of some things but less of others? Hands on food education and learning important kitchen skills.

Cricket – Sussex Cricket Club max number 18 sign up <u>https://booking.ecb.co.uk/d/g7qfdg</u> Come along to a fun and enjoyable cricket club. The coach is always smiling and the children always have fun. Great environment to learn new skills and have fun with your friends.

Dodgeball – Premier Sport max number 20 sign up at <u>www.premier-education.com/parents</u> The children will be learning agility skills, target practice, hand eye co-ordination and accuracy in throwing.

Football – Tiny Tekkers Monday - Year 3/4 Football - 15:15 - 16:15 - (7 sessions, £35) - Please email to reserve your space. <u>hello@tinytekkers.com</u> Wednesday - Year 1/2 Football - 15:15 - 16:15 - (7 sessions, £35) - Please email to reserve your space. <u>hello@tinytekkers.com</u>

Gymnastics – Premier Sport max number 20 sign up at <u>www.premier-education.com/parents</u> The children will be learning balances (point, patch, semi supported, fully supported) various rolls, jumps, travelling, sequences, individually with a partner or in a group.

To the Beat – To the Beat max number 20 sign up at <u>tothebeat123@outlook.com</u> To the Beat is a dance programme created to learn new dance skills in selected genres, socialise and develop creativity.

Karate – Sign up via their website <u>www.samasoutheast.co.uk</u> Karate teaches children self-defence, respect, discipline, coordination, confidence and fitness.

Netball – Mrs Sinclair max number 20 sign up at <u>www.bookwhen.com/insincwellness</u> Netball – High-5 netball. Fast, energetic form of netball aimed at primary school children. Helps children improve hand eye coordination, teamwork and fitness levels.

Tennis – Plumpton Tennis Club max number 18 sign up at contact <u>sorin_sesu@hotmail.com</u> Tennis helps develop social skills and confidence. This in turn makes a huge impact to children's fitness. We make tennis fun!