



Wednesday 9th September 2020

Dear Parents and Carers,

Here is the club timetable for Term 1 2020. Clubs start on Monday 21st September and finish on Friday 23rd October 2020.

During term 1 we are offering a scaled back timetable and all clubs will be provided Mrs. Sinclair. Each club is restricted to the individual bubbles of year 1-2, year 3-4 and year 5-6. We are hopeful that a greater variety of clubs will be available after half term.

The table shows the different clubs available. If your child would like to attend one or more club, please see below for the booking link. All bookings and payments this term should be made online and payment by debit or credit card. No cash or cheques please.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School		8:00 – 8:50 Athletics Y 5-6	8:00 – 8:50 Athletics Y 3-4	8:00 – 8:50 Multiskills and Fitness Y 1-2	8:00 – 8:50 Cricket & Rounders Y 5-6
Lunchtime 12:30 – 1:00		* Running Club 12:10 (before lunch) Y 3-4		* Running Club 12:30 (after lunch) Y 1-2	* Running Club 12:10 (before lunch) Y 5-6
After School 3:15 – 4:15 Please collect promptly at 4.15	Multiskills and Fitness Y 3-4	Netball Y 3-4	Multiskills and Fitness Y 5-6	Netball Y 5-6	

Children must come to school wearing PE kit on the day they are attending a club. Where possible clubs have been scheduled on days where the children already have PE timetabled. They will not be required to change following the club even if they do not have PE timetabled that day.

All clubs will be held outdoors regardless of the weather so please ensure your child is wearing adequate layers and has a waterproof if it is wet. If the weather is very wet, please pack a dry pair of shoes and socks for your child.

All children will wait to be collected in the main school entrance at 4:15pm. Please wait on the pavement outside reception the children will be released to you. Please do not congregate inside reception.

If a club is cancelled the children will be told as soon as possible and parents/carers informed via email or by Mrs. Sinclair.

All clubs are open to boys and girls.

There is a charge of £4.50 per session for all clubs except those marked with an *asterisk.

Children in receipt of Pupil Premium can attend at least one fee paying club free of charge per week. Please contact the school office for details.

Club sign up and payment for ALL clubs during Term 1 are online via the following link

www.bookwhen.com/insincwellness

The booking password is **Sports**

Payment is made at time of booking and your place is only confirmed on receipt of payment. Places for all clubs are strictly limited to 20 children.

Athletics

Athletics Club - running, jumping and throwing across all track and field disciplines. Improves fitness, stamina, strength and accuracy. Children will work towards the British Athletics Sportshall Awards Scheme.

Cricket/Rounders

Come along to a fun and enjoyable cricket and rounders club. Bowling, batting, teamwork and ball skills.

Netball

High-5 netball using the England Netball Bee Netball program. Fast, energetic form of netball aimed at primary school children. Helps children improve hand eye coordination, teamwork and fitness levels

Running Club

Lunchtime running club held on the school field. Children will work on endurance, fitness and speed (no charge but please book via link above so a register can be kept).

Multiskills/Fitness

Tennis, football, golf, hockey, basketball, to name a few. Every week a different sport to try along with games and challenges to improve fitness, agility, balance, coordination and skill.