

Early Years Forest School Overview

Being outside and playing amongst nature boosts the immune system, heightens the senses and improves general well-being. It will encourage physical, social, emotional and Intellectual development including creativity and design.

Even though Forest school sessions are planned child-led play is encouraged at all times and other resources are available for the children

to use.

Book	Title	Main Activity	Objective	Skills	Resources for activity		
	TERMS 1 & 2						
Contract bind	Bouncy Blackbird by RSPB	Pretend to be birds and collect worms (wool) from the designated area. Make bird feeders from Cheerios	Introduce group to the outdoor area and introduce the boundaries.	Role Play Confidence Negotiate space Use of fine motor skills whilst making feeders.	Wool, Cheerios, Pipe cleaners		
WE'RE GOING ON A LEAF HUNT Barded by Bisched by Bisched by Bisched by Bisched by Bisched by Bisched by	We're going on a leaf hunt by Steve Metzger	Collect and make crowns, letters, robin and necklaces from leaves	Awareness of the season and changes it brings. Introduction to tree species. Confidence to explore the environment. Awareness of nature. Creative	Confidence to explore the environment. Awareness of nature. Creative Loose part – collecting to create crowns etc Gross and fine motor skills used to collect and create letters Heightening of senses	Card, glue, staple, scissors		

STHCK MAN PROLINGE REALINGE AND ADD	Stickman by Julia Donaldson	Collect sticks to turn into windchimes/wands, fishing rods	Children use own imagination to come up with ideas of what they would like to create	Use of imagination and creative play Interact actively Loose parts play Independent play Working together	Wool, scissors	
Where The Poppies Now Great	Where the Poppies now grow by Hilary Robinson and Martin Impey	Build a den Plant poppy seeds Make poppies	Discuss and raise awareness of Remembrance Sunday	Imagination and creativity Working together Listen carefully	Poppy seeds, Art equipment, Sheets	
RUTIN MARALEMA AVE. SCR. FFL. R.	Zog by Julia Donaldson	Fire lighting Cook Marshmallows	Introduction fire safety How to build and light a fire Use the steel 'dragon sneeze' to light the fire	Listening carefully Resourceful Patience (waiting to have a turn of using the steel) Working together Perseverance	Water, bucket, fire blanket, fire lighting equipment	
Sue Hendra & Paul Linner CHRISTMAS TRAFT	Oh 'Christmas Tree by Paul Linnet	Create Decorations using natural resources	Create a gift use own creativity	Art and Design Loose parts Fine motor skills Independent work Imagination	Art equipment	
TERMS 3 & 4						

Julia Donaldion Emily Graver Cove Baby ender a child filo	Cave Baby By Julia Donaldson	Mix paints using natural resources Hapazone (leaf prints)	Mix own paints and make paintbrushes to create a natural piece of artwork Awareness of different natural resources and textures	Art and Design Loose parts Fine motor skills Working together Imagination	Mallet Pots Water Mallet
Howatch a Catch a Tagon	How to catch a Dragon by Adam Wallace	Create firework pictures Make a Dragon cave/trap Make drums	Think about what resources are needed Learn about a different festival	Role Play Creativity Working together Understanding cultures	Art equip Sheets
Highway Rat.	Highway Rat By Julia Donaldson	Find a stick and turn into a hobby horse	Find a suitable stick (no to big, small, sharp) Create a horse's head	Creativity Imagination Role play Fine motor skills	Sock Wool Scissors
Twistand Hop Minibeast Bob Providence Corrections	Twist & Hop minibeast by Tony Mittan	Build a bug hotel Make a spider's web Bug hunt Play beetle tag	Awareness of the different types of bug, the benefits and why we need to take care of them	Awareness of the world Agility Fine motor skills	Bug identification sheet Bug hunt
WE BUILD OUR HOMES	We build our homes by Laura Knowles and Chris Madden	Build a bird nest Make a bird feeder Make a bird on a stick	Increase knowledge of the outside environment Work out what loose parts work best to create a nest	Awareness of the world Working together Working independently Problem solving	Pens, Paper, template

When will it be Spring ?	When will it be Spring by Catherine Walters	Spring animal hunt Make seed bombs	Talk about animal names Discuss signs of springs (colour)	Awareness of seasons Use of senses Working together	Paper Seed Buckets Water Animal toys
		TERMS	S 5 & 6		
The Seedling The second	The Seedling by Britta Teckentrup	Gardening; Planting seeds, weeding	Introduction to different tools and types of plants Take ownership of the garden and how to take care of it	Understanding of the environment, Working together Investigating plants Interact and negotiate	Gloves Tools Seeds Pots Water
The Trouble A list long with Tadpoles A list long with Tadpoles	The trouble with tadpoles by Sam Godwin	Pond dipping Lifecycle of a tadpole sheet Pond hunt	Introduce to the environment and how to keep safe near water	Art and Design Listening Patience Sharing Negotiation	Plates Art equip Nets Magnifying glass Identification sheet
THE VERY HILMOID OF DECIDE	The Hungry Caterpillar by Eric Carle	Butterfly handprint Lifecycle of a butterfly Growing caterpillars	Awareness of the lifecycle of a butterfly	Art and Design Patience Fine motor skills Awareness of environment	Plates Art equip

	Somebody swallowed	Whole Class Picnic	Create awareness	Art and Design	Art Equip
	Stanley	Use recycling to create	Appreciation of won	Imagination	Recycling
STATION STATIC	by Sarah Roberts	kites, bird feeders, platers and watering cans	environment and looking after it	Fine motor skills	