



Tuesday 3rd November 2020

Dear Parents and Carers,

Here is the new revised club timetable for Term 2 2020. Clubs started on Monday 2nd November and finish on Friday 18th December 2020.

Unfortunately, due to the new lockdown restrictions the difficult decision has been made that no external providers will be allowed on site. If you have already booked and paid for a club with one of the external providers, please can you contact them directly with regards their cancellation policies.

As of this morning the Government has announced that all grassroots children's sport played away from school will be suspended during lockdown. Keeping children active is vital so please see below for a revised timetable of clubs that I can offer for the next few weeks.

If you would like to book for one of the clubs please visit www.bookwhen.com/insincwellness

I appreciate that it is not a full offering and may not appeal to everyone, but I hope it will fill a small gap over the next few weeks.

Thank you for your continued support.

Bryony Sinclair

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School					
Lunchtime 12:30 – 1:00		* Running Club 12:10 (before lunch) Y 3-4		* Running Club 12:30 (after lunch) Y 1-2	* Running Club 12:10 (before lunch) Y 5-6
After School 3:15 – 4:15 Please collect promptly at 4.15	Football Y1-2	Multisport and fitness Y 5-6	Multisport and Fitness Y 3-4	Netball Y 5–6 (fully booked)	

Children must come to school wearing PE kit on the day they are attending a club. Where possible clubs have been scheduled on days where the children already have PE timetabled. They will not be required to change following the club even if they do not have PE timetabled that day.

All clubs will be held outdoors regardless of the weather so please ensure your child is wearing adequate layers and has a waterproof if it is wet. If the weather is very wet, please pack a dry pair of shoes and socks for your child.

Children attending football club must have boots with studs and shinpads.

In the event of horrendous weather, the club may have to be cancelled – an email will be sent home in plenty of time if this is the case.

All children will wait to be collected at the KS2 gate at 4:15pm. Please wait on the car park as usual and children will be released to you. Please be mindful of maintaining social distancing.

All clubs are open to boys and girls.

There is a charge of £5.00 per session for all clubs except those marked with an *asterisk.

Running club is free to all children and there is no need to sign up – they can just join in if they wish to.

Children in receipt of Pupil Premium can attend at least one fee paying club free of charge per week. Please contact the school office for details.

Club sign up and payment for ALL clubs during Term 2 are online via the following link

www.bookwhen.com/insincwellness

Payment is made at time of booking and your place is only confirmed on receipt of payment. Places for all clubs are strictly limited to 20 children.

Netball

High-5 netball using the England Netball Bee Netball program. Fast, energetic form of netball aimed at primary school children. Helps children improve hand eye coordination, teamwork and fitness levels

Running Club

Lunchtime running club held on the school field. Children will work on endurance, fitness and speed (no charge but please book via link above so a register can be kept).

Multisports/Fitness

Football, golf, hockey, basketball, to name a few. Every week a different sport to try along with games and challenges to improve fitness, agility, balance, coordination and skill.

Football

Skills, fitness and matches.